



Macaulay Honors College  
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**For Immediate Release**

**Macaulay Honors College Receives \$817,950 Grant from Kenan Charitable Trust to Provide Mental Health Counseling for Its Students**

**(February 11, 2016, New York, NY)** – Macaulay Honors College at The City University of New York is pleased to announce that it has received an \$817,950 grant from the William R. Kenan, Jr. Charitable Trust to build an innovative model of comprehensive mental health delivery. It will provide students with direct, professional mental health counseling, services, and guidance. The gift also is in support of Macaulay's Opportunities Fund and will allow students to take advantage of opportunities for study and service abroad.

The Kenan Charitable Trust gift reflects Macaulay's recognition that the emotional well being of its students is necessary for their peak performance, both as students and as leaders. As with many young people, mental health issues—severe anxiety, post-traumatic stress disorder, and depression, and the like—can represent a recurring barrier to student success, particularly to Macaulay's population of urban, underserved, often-first-generation students. This game-changing investment from the Kenan Charitable Trust will allow more Macaulay students to receive the mental health and wellness services that they need to succeed academically, and to lead through inspired and experiential travel, service and learning.

"We greatly appreciate this generous, new investment from the Kenan Charitable Trust, which will help us to build an innovative and multi-layered approach to student health," said **Mary Pearl**, Ph.D, Interim Dean of Macaulay. "We believe the implementation of a Macaulay Wellness Program will provide a safe and welcoming environment for our students, and help them to achieve their potential as scholars and change agents. Our goal is to give honors students the emotional tools to maintain resilience and equanimity as they engage in a turbulent world."

"The Kenan Charitable Trust is proud of the great work in which Macaulay Honors College and their marvelous students engage everyday," said Douglas Zinn, Executive Director of the Kenan Charitable Trust. "In order for individuals to achieve their fullest potential, their intellectual, physical and emotional well-being must be balanced. This grant addresses the latter and is recognition of its critical role in student performance and quality of life."

"We are pleased that the Kenan grant will provide support for facilitated group counseling, restorative retreats, and high-level training for student leaders in facilitation, among other efforts," said **Mike Lamb**, Ph.D., Thomas R. Slaughter Scholar-in-Residence and Associate

Director of Immersive and Personalized Education at Macaulay. "The support for the Opportunities Fund will underwrite group travel both domestic and international. By integrating these programs within our highly competitive experiential-learning curriculum, Macaulay will ensure its students are prepared with the tools required to engage with, understand, and solve real world issues."

These new services and programming, coupled with Macaulay's personalized approach to students, will build a solid foundation upon which our students can affect meaningful global social change.

### **About Macaulay Honors College**

Macaulay Honors College at The City University of New York offers exceptional students a uniquely personalized education with access to the vast resources of the nation's largest urban university and the largest city, New York City. Selected for their top high school records and leadership potential, Macaulay students receive a full tuition scholarship, a laptop and technology support, and an Opportunities Fund to pursue global learning, research and service opportunities. Macaulay students enroll in one of eight CUNY senior colleges: Baruch, Brooklyn, City, Hunter, John Jay, Lehman, and Queens Colleges and the College of Staten Island. For more information, see [macaulay.cuny.edu](http://macaulay.cuny.edu).

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